



Dads M.O.V.E. (Mentoring Others Through Voices of Experience) started in the summer of 2011. Seven fathers who had met at various events who all had children with behavioral health concerns decided that there needed to be more support for fathers who have children like theirs. At the time there were several family-run organizations that provided education and support, all were female-led and generally focused on moms. While this is needed, we decided there needed to be a male-led, father-focused organization dedicated to empowering fathers to be better dads, and more involved in advocating in the systems that serve our families.

These dads pooled their money together to file incorporation and IRS 501c3. Dads MOVE was officially incorporated in the State of Washington in the fall of 2011. In the beginning we offered two fathers retreats a year. As more resources became available, we added training in a variety of topics across the state.

After years of growth, we have formed several partnerships across Washington, the United States and beyond. Over the years we have presented at several state and national conferences.

In 2018, Dads MOVE was awarded the SAMHSA Statewide Family Network Grant that has allowed us to further reach more families. We are a family focused; father driven non-profit that serves families raising children with behavioral health concerns. We provide Statewide wide training's that provides resources, how to access those resources and activities for parents and caregivers to get together. We are always looking for volunteers and partners to help us serve families.

Nelson Rascon

Executive Director

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